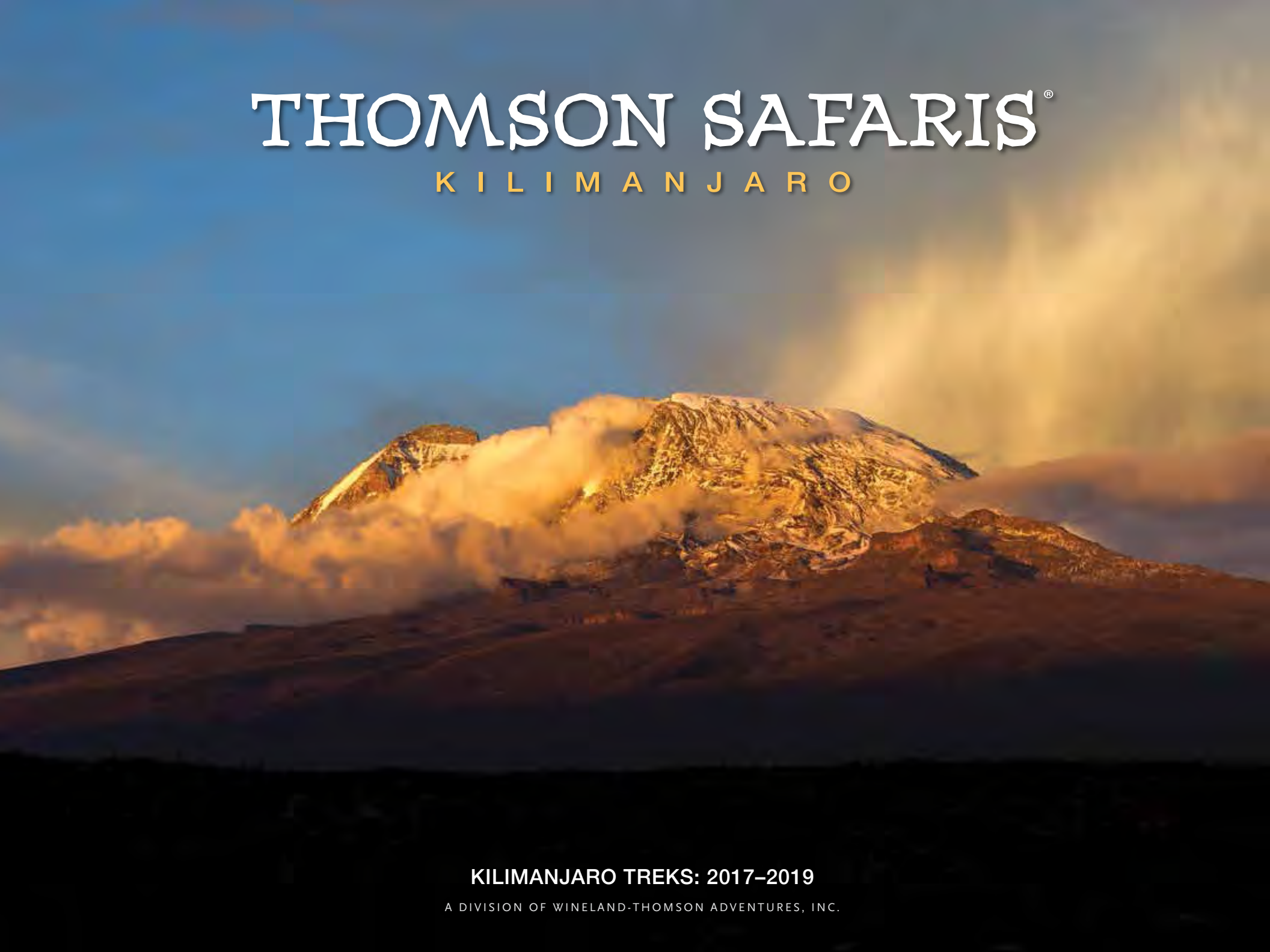


THOMSON SAFARIS[®]

K I L I M A N J A R O



KILIMANJARO TREKS: 2017-2019

A DIVISION OF WINELAND-THOMSON ADVENTURES, INC.



14 Mount Auburn Street
Watertown, MA 02472

Our home. Your adventure.



Paul Johnson / iStock



YOUR ADVENTURE AWAITS

WE'VE SET THE **HIGHEST STANDARDS**

When it comes to tackling Africa's tallest mountain, success is in the details.

We've been in Tanzania for more than 36 years, and we're proud to bring you the best. We've hiked every route on the mountain, tested all the gear, and listened to years of trekker feedback, fine-tuning every detail so our guests have the highest-quality guest experience:

- Guides certified by the Wilderness Medical Association (WMA) as Wilderness First Responders
- Gourmet mountain meals designed by a nutritionist to fuel your summit dreams
- Customized dining tents, comfortable sleeping tents, and private toilet tents
- More high altitude safety equipment than any other outfitter in Tanzania
- The highest ethical standards for the treatment and compensation of porters

We focus on providing high quality treks and are committed to giving you the best possible chance of reaching the top of Kilimanjaro.

We'll be with you every step of the way.

— Rick Thomson & Judi Wineland
Co-founders, Thomson Safaris





Travel + Leisure
World's Best Award
Voted "Top Safari Outfitters" twice
by Travel + Leisure readers



Outside Magazine
Hall of Fame Active Travel Award
Awarded for our Kilimanjaro Grand Traverse
Route + Tanzania Trekking Safari itinerary



National Geographic Adventure
Best Adventure Travel Companies on Earth
Judged by a panel of travel experts as well as
reader votes (Two-time winner)



Condé Nast Traveler's
World Savers Award
Named as a finalist for our excellence in
preserving the environment and giving back to
local communities



Family Business Association
Community Excellence Award
Recognized for our philanthropic contributions
in Tanzania

36 YEARS
IN TANZANIA

WHEN TO CLIMB

WHICH MONTH IS THE BEST ON KILI?













Kilimanjaro's immense height means its weather patterns don't track 100% with the rest of Tanzania; no matter when you climb, it will be warm in the foothills and freezing at the summit. There could be rain or snow on the mountain any time of year, or it could be sunny the whole way up, regardless of when you set out.

Though weather on the mountain requires you to be prepared for anything, it typically trends as follows:

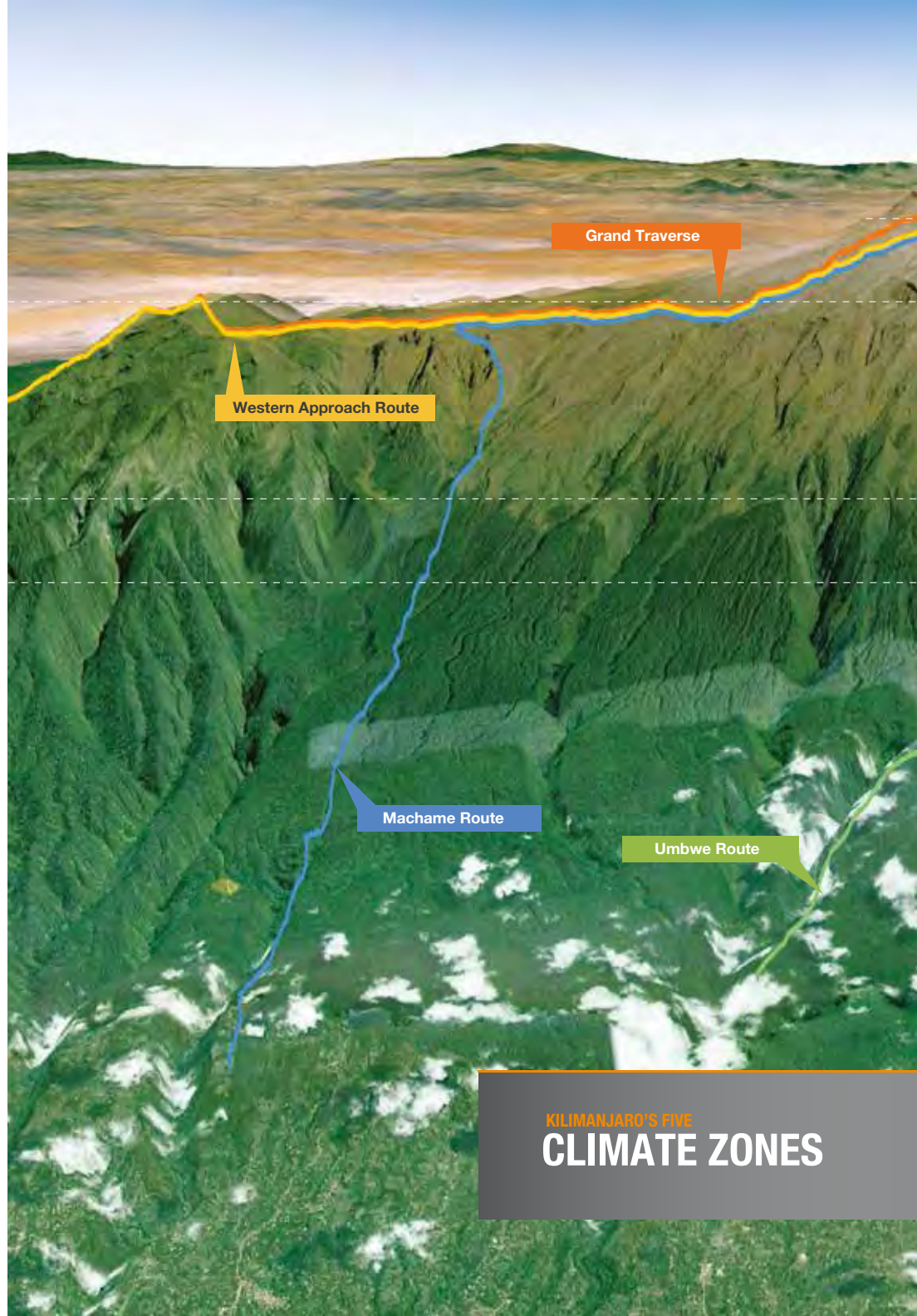
June – October: Cooler and drier

December – March: Warmer with a chance of rain or snow

April, May, and November: Heavy rains

 JANUARY	 JULY
 FEBRUARY	 AUGUST
 MARCH	 SEPTEMBER
 APRIL	 OCTOBER
 MAY	 NOVEMBER
 JUNE	 DECEMBER

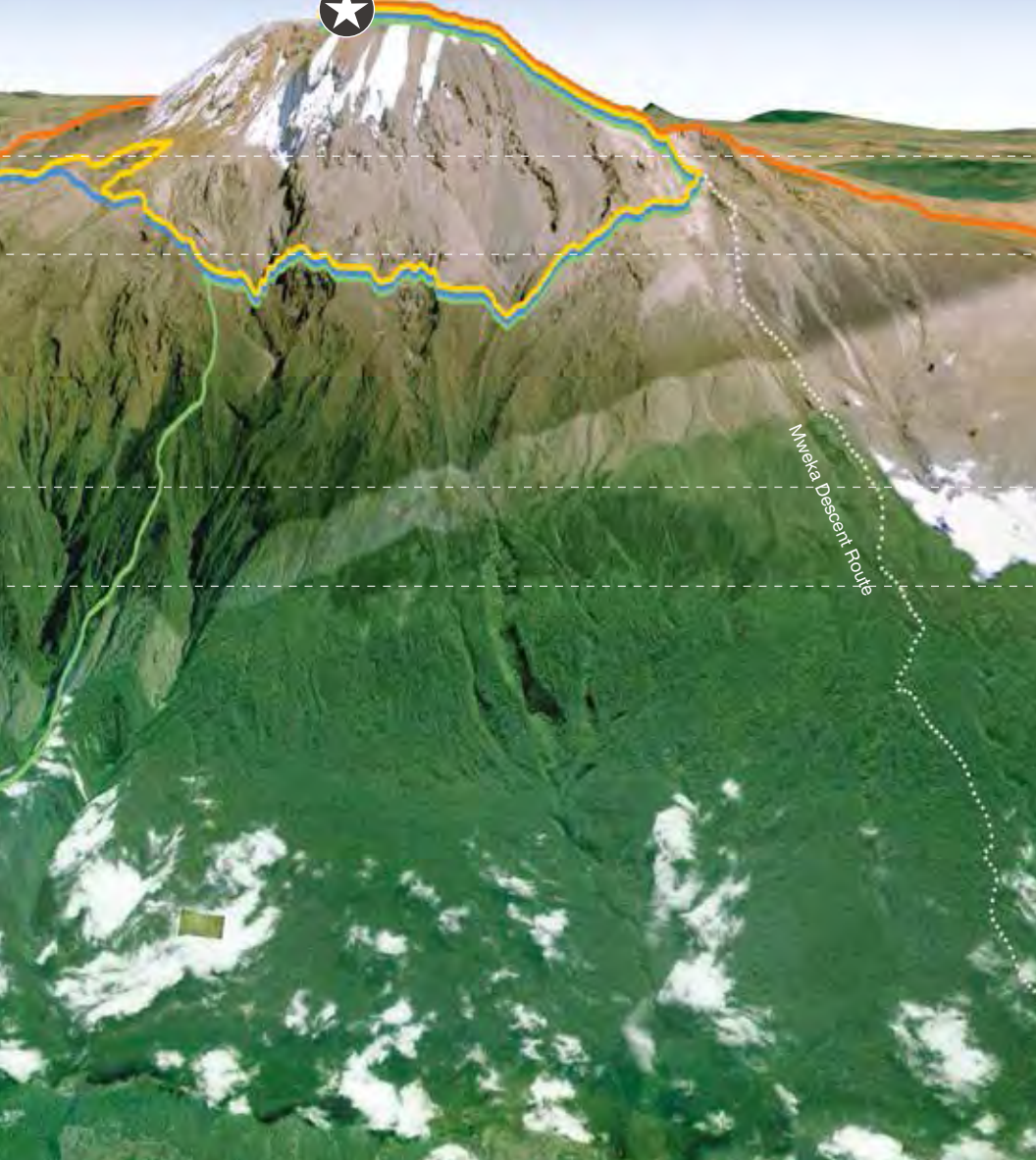
Weather conditions can vary at any time of year



KILIMANJARO'S FIVE
CLIMATE ZONES

UHURU PEAK

SUMMIT ELEVATION: 19,341'



ARCTIC

ALPINE
DESERT

MOORLANDS

HEATH

RAINFOREST

Mweka Desert Route

WHO CAN CLIMB?

Kilimanjaro requires physical strength, mental endurance, and serious determination. Many guests wonder if they're up to the challenge. The answer is yes! At Thomson, we lead people of all ages, with all levels of experience, to the top.



THE MARSHALLS, MULTI-GENERATIONAL FAMILY

AGES: 23-70 LEVEL OF EXPERIENCE: Varied

"Three generations of my family – my son, brother, and nearly 70-year-old father – had a lifelong dream to climb Kili together. With the help of our first-class guides and porters, we all safely summited!"



VANESSA O'BRIEN, RECORD-SETTING MOUNTAINEER

AGE: 48 LEVEL OF EXPERIENCE: Advanced

"No matter how much climbing you've done, you have to respect a mountain that's 19,341 feet tall. The altitude makes it a challenge, even for the most experienced trekker."



TOM ROHRER, AVID THRILL SEEKER

AGE: 50 LEVEL OF EXPERIENCE: Intermediate

"I love physical challenges and outdoor activities, and climbing Kili is a perfect combination of the two. The great thing about it is that you don't have to be a world-class climber to get to the top, but it does require patience and perseverance."



NICOLE CICOGNA, SELF-PROCLAIMED CITY GIRL

AGE: 41 LEVEL OF EXPERIENCE: Beginner

"Before Kilimanjaro, the highest I'd ever climbed was to the top of the Empire State Building – and in heels! Climbing Kili was the most difficult thing I've ever done, but also the most rewarding."

ZONE 1: CULTIVATED AREAS

ELEVATION	TEMPERATURES
2,600' – 6,000'	70s – 90s F: day 40s – 60s F: night
793m – 1,829m	

ZONE 2: RAINFOREST

ELEVATION	TEMPERATURES
6,000' – 9,200'	70s – 90s F: day 40s – 60s F: night
1,829m – 2,805m	

ZONE 3: HEATH & MOORLANDS

ELEVATION	TEMPERATURES
9,200' – 13,200'	50s – 70s F: day 30s – 50s F: night
2,805m – 4,023m	

ZONE 4: ALPINE DESERT

ELEVATION	TEMPERATURES
13,200' – 16,000'	30s – 40s F: day 10s – 30s F: night
4,023m – 4,877m	

ZONE 5: ARCTIC

ELEVATION	TEMPERATURES
16,000'+	10s – 30s F: day -10s – 20s F: night
4,877m+	

CULTIVATED

A person is silhouetted against a bright sunset, standing on the edge of a rocky mountain peak. The person is looking out over a vast, hazy mountain range. The sky is filled with soft, golden light from the setting sun, with some clouds catching the light. The overall mood is serene and majestic.

A HIGHER QUALITY EXPERIENCE



GUIDES & SAFETY

EXPERT GUIDES

The guides on your Thomson trek are held to the highest standards:

- All guides are internationally recognized WMA-certified (Wilderness Medical Associates International) Wilderness First Responders. Most companies simply teach guides first aid, or “certify” them in-house; your guides are trained and tested to internationally recognized standards.
- All head guides have over 100 professional summits; many have over 250.
- Guides are fluent in both English and Swahili.
- Guides are trained in the use of all emergency equipment.
- Guides’ years of experience and WMA training help them consider the difference between regular altitude symptoms and potentially dangerous signs of Acute Mountain Sickness (AMS).



THOMSON'S EMERGENCY PLAN

**TO GET YOU
DOWN SAFELY**

THE HIGHEST STANDARD OF SAFETY



A Kilimanjaro trek doesn't require technical mountaineering skill, but there are risks associated with any high-altitude climb. Thomson does more to put your safety first:

- The comprehensive inventory of high altitude safety equipment used on Thomson treks is unmatched by any other institution in Tanzania. The vast array of emergency equipment includes a Gamow Bag (hyperbaric chamber), AEDs (defibrillators), type-D/cannula oxygen kits, pulse oximeters, rigid litter, trauma and emergency kits, and more.
- Guides carry three different types of mobile communication; if an emergency occurs, they'll be able to deal with it quickly and effectively.
- Private toilet tents supplied with hand sanitizer, handwashing station before each meal, and chefs trained in hygienic food preparation keep you healthier on the mountain.
- Some companies limit water access; we provide unlimited purified water on the mountain to keep you hydrated.



Guides training at annual certification session

THOMSON HEAD GUIDE PENDAELI LAUWO



Pendaeli Lauwo is the grandson of Kilimanjaro's first professional guide, Yohana Kinyala Lauwo, who summited in 1889.

“When I started working on Thomson treks, I was a porter. But they provided me the opportunities and education I needed to work my way up, first to camp-setting crew, then camp manager, then eventually to assistant guide. I'm now proud to be a head guide with Thomson. Without their help, I would never be where I am today.”



**STEP 1:
ASSESS**

Assess the situation and determine the safest and most expedient route down the mountain



**STEP 2:
NOTIFY**

Notify the Arusha base to ensure that medical attention, ambulance (if necessary), and accommodations are arranged



**STEP 3:
DEPLOY**

Deploy our extensive emergency medical equipment in the rare case it's necessary



**STEP 4:
DESCEND**

Descend with a guide and a team of trained staff via the most expedient route

PORTERS

PORTER ETHICS

The safety of everyone – both guests and porters – is the top priority. Many trek operators say they take care of the porters, but these are often hollow claims. Once you are on the mountain, the Thomson difference becomes clear.



We encourage you to contact the Kilimanjaro Porter's Assistance Project (KPAP) directly to learn which companies are maintaining KPAP's high standards for porter ethics on the mountain. Find them online at www.kiliporters.org.

THE THOMSON PORTER PROMISE



Amy Czamecki



Ben Campbell

- Thomson offers one of the largest compensation packages on the mountain.
- Porters and guides are guaranteed their full wage, even if they descend early due to illness. They're also guaranteed medical treatment, both on the mountain and off.
- Thomson owners Rick and Judi also own the ground operations in Tanzania, and they ensure porters are hired fairly. Their paychecks are direct-deposited into bank accounts, so they receive the full wage they're entitled to, eliminating the risk of graft that often arises when money changes hands on the mountain.
- Bags are weighed to ensure no porter is carrying more than 33 pounds.
- Porters are hired for the entirety of the trek, and tips are divided equally at the end of the trek in a transparent process, which the porters helped to design.
- All porters are provided with all-weather full-body uniforms, free of charge. Gear checks are performed before the climb to ensure every porter has boots, sunglasses, cold-weather gear, hats, and more. They may not choose to wear some of these items on the mountain, but we ensure they have everything they could need.
- We provide transportation to and from Kilimanjaro, and high-quality camping gear for the entire mountain team.

THOMSON HEAD GUIDE GABRIEL RASSY



Amy Czamecki

“Previously I worked as a head guide with another company. One day, one of my clients noticed the way that Thomson was operating on Kili, and said to me that I should think about working for them instead. I listened to his advice! I wanted to work with Thomson because of their reputation of fair treatment of porters, the honest working environment, and the very good pay. With Thomson I also receive training and a lot of support from management, which allows me to do the best job I can.”

DETAILS MATTER

CUSTOMIZED TENTS

Professional-grade all-weather Mountain Hardwear and Big Agnes tents* are upgraded to work even better:

- Closed-cell foam full-ground pads keep you warm and dry.
- Custom-fitted zippers keep weather out better.
- Tents have enough room for three (but we never sleep more than two in a tent).
- Covered vestibules provide additional space.

**Grand Traverse trekkers enjoy even more comfort with walk-in height tents and cots with mattresses!*



NUTRITIONIST-PLANNED GOURMET MEALS



Reaching Uhuru Peak is an incredible challenge, and your body needs the right fuel to succeed. We provide nutritionist-designed gourmet meals:

- Homemade meals prepared with fresh ingredients are provided throughout the entire trek.
- Thomson can accommodate almost any dietary need (including vegetarian, vegan, gluten-free, lactose-intolerant, and kosher diets) with advanced notice.
- All meals are served with unlimited purified drinking water.
- You'll also enjoy delicious and nutritious trail snacks, as well as hot coffee or tea delivered to your tent when you wake up.

SOLAR-LIT DINING TENT



After a long day on the trail, you'll be able to sit back, relax, and enjoy the company of your fellow trekkers:

- Eco-friendly solar lighting illuminates your meal.
- Chairs with full backs and armrests* allow you to sit back and relax (most companies offer only small, backless camp stools).
- Plenty of space is provided to spread out comfortably with your fellow trekkers.

* Camp stools with backrests are provided on Machame route treks

PRIVATE TOILET TENT



Thomson provides clean and private toilet tents. The long-drop mountain toilets used by most trekking companies are crowded, unsanitary (they're rarely, if ever, cleaned), and often have long lines.

- Tents are walk-in height for your comfort.
- Trekkers can rely on eco-friendly, portable, pump-flush toilets.
- Ample hand sanitizer and strict hygiene standards keep you healthier on the mountain.
- Toilet tents are private, for the exclusive use of your trekking group.

TREKKING THE THOMSON WAY

TREK WITH THE EXPERTS

Your Kilimanjaro Planner

A Kilimanjaro planning expert will be available by phone or email to help you prepare for your trip. Our Kilimanjaro experts have climbed the mountain and know how to help you reach Uhuru Peak.

24-hour Support Team in Arusha

If anything unexpected happens on the mountain, trained in-country staff are there to help, and the US office is informed immediately.

Excellent Guide-to-Trekker Ratio

Thomson guarantees one guide for every two to three trekkers, ensuring personalized assistance is always available.

Kilimanjaro Preparation Guide

This indispensable tool for your trek includes information on how to train, what to pack, and all the tips that will give you the best chance at success.

Everything's Included

All your park fees, accommodations, meals on and off the mountain, and more are covered in your trek price, (though you may want to budget for optional mountain-staff tips or souvenirs!).



Jessie Trizano

TREK RESPONSIBLY



Your Trek is Environmentally Responsible

- We rigorously follow Leave No Trace ethics.
- Porters are paid bonuses for bringing other companies' trash down.
- Your camps use only solar power.
- Meals include organic food that comes from gardens at the Arusha offices.
- Even the Boston office relies on solar panels.

Guides & Porters Are Compensated Better than with Any Other Company

- It costs more to pay real living wages and benefits, but it's the right thing to do.
- Health benefits and educational opportunities are provided.
- Heavy-duty, all-weather gear is provided to each porter at no cost.
- Full wages are guaranteed, even if a porter has to descend early.
- Each porter has a bank account into which wages are direct-deposited for safety.

You're Supporting Fair Treatment of Porters

- We set the highest standard for porter ethics and care on the mountain.
- Proceeds from our online trekking store go to the Kilimanjaro Porters Assistance Project (KPAP).
- Thomson matches \$20 of every guest donation to KPAP.



Your Trek Supports Tanzanian Communities

- We have a partner philanthropic organization, Focus on Tanzanian Communities (FoTZC).
- FoTZC works with local leaders to further education and community development initiatives.
- FoTZC supports women's empowerment and entrepreneurship projects.
- To date, more than \$1.6 million has gone toward supporting Tanzanian communities.

KARL PROTIL, JR. THOMSON GUEST



"I was drawn to Thomson for their stance on fair wages and good treatment of their porters in Tanzania. I could see for myself that this was not just a brochure statement, but something they actually did in practice. Everyone on the mountain sincerely sung their praises. Thomson was uniformly well-regarded in Tanzania as both fair and ethical. Thomson has built up a great reputation in Tanzania over the years."

ROUTES & ITINERARIES





9-DAY WESTERN APPROACH



Paul Johnson-Hicks

WHY SELECT THIS ROUTE

- Ample time to acclimatize
- Daytime summit bid
- Optional second summit bid (available only on select departures)
- Beautiful sights on less-crowded trails

THE MOST POPULAR THOMSON TREK. Give yourself a better chance of summiting safely on this acclimatization-oriented 9-day itinerary.

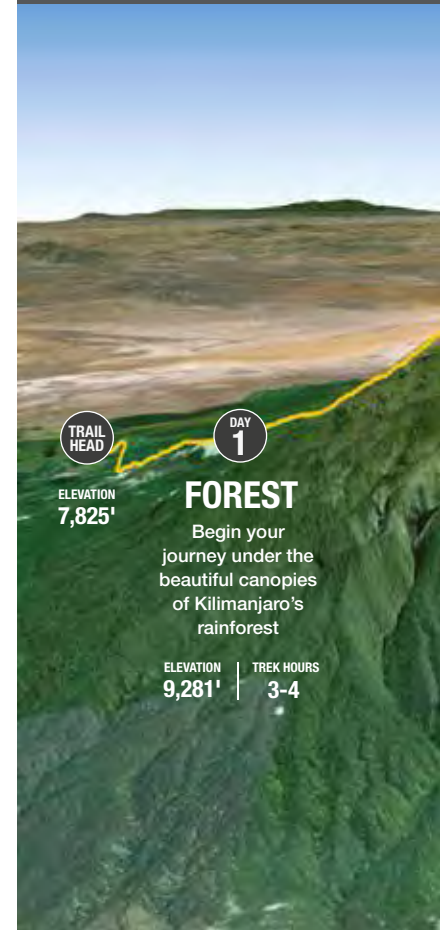
You'll start your climb in the rainforest, where gorgeous plant life abounds and lush green canopies are home to fascinating creatures. It's a stunning start to your trek, and on this less-trafficked route, you'll have the chance to take it all in.

From there, head to the Shira plateau, where an extra acclimatization day will increase your chances of summit success. The scenery will change, as dense vegetation gives way to the shrubs and lichens of the barren heath

and moorlands. As you near the top, you'll be grateful for the extra days on the mountain. Ample acclimatization time throughout your trek and a full night's rest before your daytime summit bid mean you'll feel better, and have a better chance of reaching Uhuru Peak.

When you reach the summit, snap pictures and enjoy the stunning sights before you head back down to the park gate, where you can reflect on your amazing achievement.

ROUTE MAP



TRAIL HEAD

DAY 1

ELEVATION
7,825'

FOREST

Begin your journey under the beautiful canopies of Kilimanjaro's rainforest

ELEVATION | TREK HOURS
9,281' | 3-4

>> YOUR ADVENTURE STARTS HERE
2 PRE-TREK DAYS



ARRIVE

Upon arrival in Tanzania, you will be met by a guide and taken to your lodge for the evening
Overnight: KIA Lodge



DAY 2
SHIRA 1
 Experience Kilimanjaro's famous range of climate zones as you emerge from the rainforest onto the sparse Shira Plateau
 ELEVATION | TREK HOURS
 11,499' | 5-6

DAY 3
SHIRA 2
 An extra day on the plateau will help your body acclimatize
 ELEVATION | TREK HOURS
 12,795' | 3-4

DAY 4
LAVA TOWER
 Camp in the shadow of Lava Tower, one of Kili's most striking volcanic formations
 ELEVATION | TREK HOURS
 15,213' | 4-6

DAY 5
KARANGA
 Sleeping at lower altitude will further help your body acclimatize
 ELEVATION | TREK HOURS
 13,231' | 6-7

DAY 6
BARAFU
 Rest up tonight for your daytime summit bid tomorrow
 ELEVATION | TREK HOURS
 15,331' | 3-4

DAY 8
MWEKA MILLENNIUM
 Enjoy the rapidly shifting ecosystems as you descend the mountain
 ELEVATION | TREK HOURS
 12,500' | 4-7

*** ONLY ON SELECT DEPARTURES!**
CRATER CAMP
 Includes two daytime summit bid options, Ash Pit and glacier exploration, and an overnight in the Crater
 (All other treks stay at Barafu Camp on Day 7)
 ELEVATION | TREK HOURS
 18,802' | 8-10

UHURU PEAK
 SUMMIT ELEVATION: 19,341'

ACCLIMATIZE
 Finish your trek preparations and get your body warmed up for your adventure with wildlife-viewing walks
 Overnight: Ndarakwai Ranch

TRAIL HEAD
START TREKKING!

DAY ROOM
KIA LODGE
 Finish your trek in the lushly beautiful rainforests, then enjoy a celebratory meal with your fellow trekkers
 TREK HOURS
 4-6

TRIP DETAILS

TRIP PRICE
 Starting at \$5,690
 Starting at \$5,990 *with Crater Camp overnight*

TRIP LENGTH
 13 days door-to-door
 9 days on the mountain

EXTRAS
 Single accommodations \$490
 Personal Porter \$495

EXTEND YOUR TRIP
 Add a 5 or 7-day safari
 (details on pages 32-35)

TESTIMONIALS



"Thomson has the most professional, experienced and dedicated staff, at the home office and in Tanzania. I would also like to point out that there is a difference between cost and value. Thomson is clearly the best value at a competitive cost."
 - Charlie McMahon

Map data: Google, Image Landsat / Image © 2014 DigitalGlobe, © 2014 Cnes/Spot Image, Image © 2014 CNES/Astrium

10-DAY GRAND TRAVERSE



Thomas Holden

WHY SELECT THIS ROUTE

- Upgraded accommodations, including walk-in height tents with cots
- Two daytime summit bids
- Maximum acclimatization time
- Remote trails and exclusive campsites

THE MOST LUXURIOUS TREK ON THE MOUNTAIN. Treat yourself to the highest-quality Kilimanjaro experience with this 10-day trek.

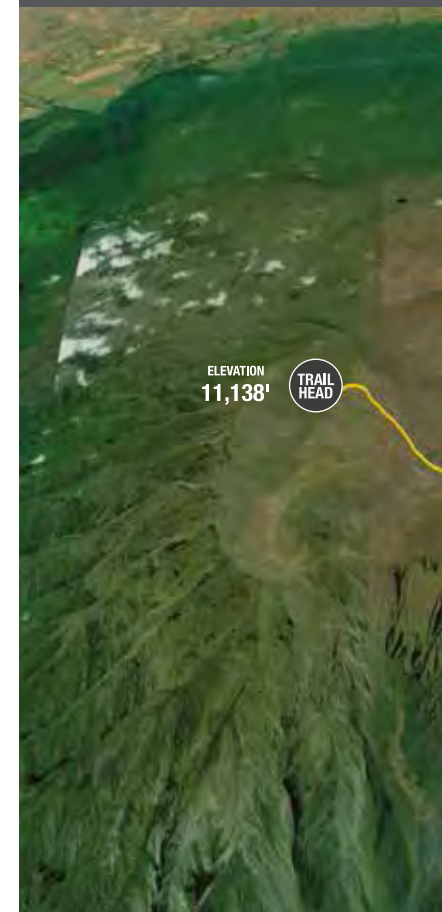
Starting at the Shira Plateau, you'll trek along the remote, untraveled Northern Circuit, a path that nearly circumnavigates the mountain. Enjoy spectacular views into Kenya and breathtaking mountain landscapes few trekkers get to see, then rest up with your fellow trekkers at scenic campsites.

Benefit from more acclimatization time and enjoy the special features we include on this route, including smaller

group size, walk-in height tents with cots, and a second opportunity to summit on every departure (so you'll have double the chance to reach the top!).

Standing atop Uhuru Peak is an achievement like no other. On the Grand Traverse, you have the best chance of not only succeeding, but enjoying every step of your journey to the summit.

ROUTE MAP



>> YOUR ADVENTURE STARTS HERE

2 PRE-TREK DAYS



ARRIVE

Upon arrival in Tanzania, head straight to a private conservation area in Kilimanjaro's foothills
Overnight: Ndarakwai Ranch



TRIP DETAILS

- TRIP PRICE**
Starting at \$7,890
- TRIP LENGTH**
14 days door-to-door
10 days on the mountain
- EXTRAS**
Single accommodations \$1,050
Personal Porter \$550
- EXTEND YOUR TRIP**
Add a 5 or 7-day safari (details on pages 32-35)

TESTIMONIALS



"Thomson went above and beyond the call of duty, and it is because of their kindness, care, and support that we did truly have the trip of a lifetime! We were able to conquer Africa's tallest mountain and touch the "Roof of Africa" thanks to the great team you provided us with!"
 - Meg Reller

Map data: Google, Image Landsat / Image © 2014 DigitalGlobe, © 2014 Cnes/Spot Image, Image © 2014 CNES/Astrium

6-DAY UMBWE ROUTE



WHY SELECT THIS ROUTE

- Great for tighter schedules
- Overnight summit bid
- The most beautiful views on a shorter route
- An intense physical challenge

THE MOST CHALLENGING THOMSON TREK. A 6-day Umbwe trek offers the least crowded, most picturesque short route to the summit!

Shorter routes up Kilimanjaro are great for trekkers tight on time, on a budget, or looking for a serious challenge and willing to push their bodies to the limit. But not all short treks are created equal; a 6-day Umbwe trek offers the least crowded, most picturesque short route to the summit!

Begin your trek in the dense rainforest, where hundreds of different bird species fly through the lush green canopies overhead. Take it all in; the next day you'll cross over

into the stark landscapes of the heath and moorland before ascending still higher into the lunar landscapes of the alpine desert.

On summit day, your guides will wake you around midnight, and you'll set out in darkness for your final destination: Uhuru Peak. Push yourself to keep going through the hours of darkness; watching the sun rise just before you reach the summit will be a truly unforgettable moment!

ROUTE MAP



ELEVATION
5,450'

TRAIL
HEAD

>> YOUR ADVENTURE STARTS HERE
2 PRE-TREK DAYS



ARRIVE

A guide will meet you upon arrival in Tanzania to escort you to your lodge
Overnight: Rivertrees Country Inn

UHURU PEAK

SUMMIT ELEVATION: 19,341'



A trail of headlamps will shine through the dark during your final overnight push to the summit

DAY 1 UMBWE CAVES

Start your trek with a steep ascent through the lush rainforest

ELEVATION 9,701' | TREK HOURS 6-7

DAY 2 BARRANCO

You'll pass the tree line as you make your way up to the Barranco Valley

ELEVATION 13,004' | TREK HOURS 6-7

DAY 3 KARANGA

Start your day with a challenging scramble up the steep Barranco Wall

ELEVATION 13,231' | TREK HOURS 4-5

DAY 4 BARAFU

The terrain will become barren, rocky, and chilly as you get nearer to the summit

ELEVATION 15,331' | TREK HOURS 3-4

DAY 5 MWEKA MILLENNIUM

After a long day on the trail, relax with your fellow trekkers before your final descent

ELEVATION 12,500' | TREK HOURS 10-15

DAY 6 DAY ROOM KIA LODGE

Finish your descent through the rainforest and enjoy a farewell lunch with your group at Mweka Gate before heading for home

TREK HOURS 4-6



ACCLIMATIZE

Spot Tanzanian wildlife during an acclimatization hike through Arusha National Park
Overnight: Rivertrees Country Inn



START TREKKING!

TRIP DETAILS

TRIP PRICE

Starting at \$4,290

TRIP LENGTH

10 days door-to-door
6 days on the mountain

EXTRAS

Single accommodations \$390
Personal Porter \$330

EXTEND YOUR TRIP

Add a 5 or 7-day safari
(details on pages 32-35)

TESTIMONIALS



"Everything, and I mean everything, about this trip exceeded my expectations. Considering how much this trip meant to me and the lengths it took to make this trip happen, I could not have asked for more from Thomson and everyone that contributed to the success of the trek."

- Heather Gustafson

7-DAY MACHAME ROUTE



Kristina Jackson

WHY SELECT THIS ROUTE

- A “budget-friendly” trek
- Overnight summit bid
- One of Kili’s most popular routes
- Fewer amenities for a more rugged trekking experience

YOU ASKED, WE ANSWERED. We’re now offering this popular route for more budget-conscious Kilimanjaro trekkers.

Hike with fewer high-end amenities while enjoying the peace of mind that comes with a Thomson trek on this pared-down 7-day climb!

On this highly popular route, you’ll set out from the rain-forest, climbing single-file beneath the dense, lush canopies of moss and vines. The trail will widen out as you make your way onto the Shira Plateau.

In the evenings, rest on camp stools in the dining tent and enjoy gourmet mountain meals designed by nutritionists to provide your body with everything it needs.

Enjoy the camaraderie of the darkened trail, lit only by head-lamps, as you make your nighttime summit bid. Take in the views before descending about 7,000 feet and completing your journey to the Mweka Gate the next day.

ROUTE MAP



MACHAME

Start your trek with hundreds of other excited trekkers on a journey through narrow rain-forest trails

ELEVATION 9,850' | TREK HOURS 5-7

ELEVATION 5,700'

TRAIL HEAD

>> YOUR ADVENTURE STARTS HERE
2 PRE-TREK DAYS



ARRIVE

A guide will meet you upon your arrival in Tanzania to escort you to your lodge
Overnight: Rivertrees Country Inn

UHURU PEAK

SUMMIT ELEVATION: 19,341'



A trail of headlamps will shine through the dark during your final overnight push to the summit

DAY 2

SHIRA 2

Vegetation becomes more sparse as you ascend into the heath

ELEVATION	TREK HOURS
12,795'	4-5

DAY 3

BARRANCO

Enjoy expansive views of the Barranco Valley from your camp at the base of the Barranco Wall

ELEVATION	TREK HOURS
13,004'	6-7

DAY 4

KARANGA

Start your day with a challenging scramble up a series of steep scree switch-backs on the Barranco Wall

ELEVATION	TREK HOURS
13,231'	4-5

DAY 5

BARAFU

As you near the summit, the landscape starts to resemble the surface of the moon

ELEVATION	TREK HOURS
15,331'	4-5

DAY 6

MWEKA MILLENNIUM

After a hard push to the summit, resting at lower elevations will help you recuperate

ELEVATION	TREK HOURS
12,500'	10-15

DAY ROOM

KIA LODGE

DAY 7

Descend back through the rainforest and enjoy a farewell lunch with your group at Mweka Gate before heading for home

TREK HOURS
4-6



ACCLIMATIZE

Relax in Arusha or schedule one of the many exciting activities available at your lodge
Overnight: Rivertrees Country Inn



START TREKKING!

TRIP DETAILS

TRIP PRICE

Starting at \$3,890

TRIP LENGTH

11 days door-to-door
7 days on the mountain

EXTRAS

Single accommodations \$440
Personal Porter \$385

EXTEND YOUR TRIP

Add a 5 or 7-day safari
(details on pages 32-35)

TESTIMONIALS



"Climbing Mount Kilimanjaro as a family was, hands down, the best experience we have shared. One mom and three sons, supporting each other through the physical and mental challenges of climbing a mountain, and then sharing the elation of standing on the 'Roof of Africa' hugging, crying, laughing... we are forever changed as individuals and forever bonded as a family."

— Bethany Asplundh

PRIVATE TREKS

YOUR SCHEDULE, YOUR PRIVATE TREK

Choose the route and date that best fits your needs for a private climb with your family (children 12+), friends, or special interest group. Customization options include everything from ultra-luxury, to kosher, to basic alpine camping. **Call us to start planning at 1.800.235.0289**

PRESTIGIOUS ORGANIZATIONS CHOOSE THOMSON

These are just a few of the notable organizations who work with Thomson:

African Wildlife Foundation	Massachusetts Audubon Society
The Jane Goodall Institute	Michael Ellis' Footloose Forays
Boston University	The Nature Conservancy
Commonwealth Club of California	Museum of Science, Boston
Cornell's Adult University	Princeton Journeys
Dartmouth Alumni Travel	Sierra Club Outings
Harvard Museums of Science & Culture	World Affairs Council of Philadelphia and Cooperating Councils
Iowa State University	Smith College



Nic Cramecki



NOTABLE GUESTS & TREKS



MTV's SUMMIT ON THE SUMMIT

An MTV celebrity trek to raise awareness of clean water issues in East Africa, this trek led over 200 celebrities, activists, and support staff to the summit, including Jessica Biel, Lupe Fiasco, and Emile Hirsch.



WATERCAN CLIMB FOR LIFE

This leading Canadian clean water charity recently led a charity trek up Kilimanjaro, the story of which is being turned into a documentary. The trek raised over \$100,000!

DAVID BREASHEARS

5-TIME EVEREST SUMMITTEER & FILMMAKER OF IMAX *KILIMANJARO* AND *EVEREST*



“For an unrivaled adventure to the Roof of Africa, I recommend Thomson Safaris.”

JIMMY CHIN

NORTH FACE ATHLETE & NATIONAL GEOGRAPHIC EMERGING EXPLORER



“I was really impressed with how Thomson managed all of the logistics in a highly professional manner. Everything was always working, everything was on time, and the food was great. I would recommend Thomson in a heartbeat.”



A herd of gazelles is scattered across a grassy savanna landscape. The gazelles are in various poses, some looking towards the camera. The background is a clear, bright blue sky. The overall scene is a classic African savanna setting.

SAFARIS

& EXTENSIONS

SAFARI EXPERTS

HIGHLY TRAINED GUIDES

Thomson insists on hiring the best guides:

- All your guides are hired locally, so they're not just wildlife experts, they're ambassadors for their beautiful country.
- Head guides receive extensive training; all have at least 10 years' experience in the bush.
- All guides are fluent in English and Swahili, and genuinely enjoy engaging with guests.
- Rick and Judi own both the US and the Tanzanian operations, and they ensure all guides receive excellent wages, ongoing educational opportunities, and good benefits; that means your guide is not only a highly trained professional, he loves his job!



Susan Killeen



Bill Carr

HIGH-END ACCOMMODATIONS



We've visited hundreds of properties throughout Tanzania, and no matter what you're looking for, we can recommend the ideal accommodations. Two of our favorites are:

- **Thomson-exclusive Nyumba camps**, which offer a classic tented-safari experience with luxurious touches, including eco-friendly private en suite bathrooms, proper beds with fine linens, and a personal verandah.
- Nyumba camps feature comfortable dining tents and lounges with device charging capabilities and cash bar.
- Seasonal Nyumba locations put you close to the wildlife whenever you travel.
- **Gibb's Farm**, a four-time Condé Nast Readers' Choice award winner, and included on Travel + Leisure's World's Best List, offers a luxury experience on a lush, historic coffee estate.

CUSTOMIZED VEHICLES



Thomson starts with Land Rover Defenders, the best safari vehicle, then makes them even better:

- Pop-up roofs allow for 360° views.
- Every guest is guaranteed a window seat every single day.
- Customized engines with "snorkels" mean you can travel anywhere, even through rivers.
- Vehicle bodies have been extended for added legroom.
- US-style sockets allow for easy device charging in the vehicles.
- No mileage restrictions mean you can explore as far and as long as you want.

ROBERT BERTHET THOMSON GUEST



"The safari was like being in my own National Geographic special and the Kilimanjaro trek made me feel like an explorer making new discoveries. Staying in the Nyumbas was like camping in the Hiltons of tents and the food was five star quality. My expectations were met and then exceeded, and the quality of service was top rate."

5-DAY CRATER & PLAINS SAFARI



YOU SHOULD GO ON SAFARI

- Visit the famed Serengeti and Ngorongoro Crater
- Relax in luxury at the beautiful Gibb's Farm
- Experience the most spectacular wildlife viewing in Africa

Crown your trekking adventure with world-class wildlife viewing.

You've gone halfway around the globe and trekked the highest peak in Africa, but don't leave Tanzania without seeing its breathtaking wildlife! Explore Ngorongoro Crater and the great Serengeti on this jewel of a safari.

After days of high altitude trekking, there's nothing like a long, hot shower; at Gibb's Farm, you'll have the choice

of indoor or outdoor at this exclusive retreat. While staying at our signature Nyumba camps in the Serengeti, indulge in the luxury of being out in the wilds, in comfort and style.

But don't let all the pampering distract you from the wildlife because there will be plenty of it!





Kara Mason

ITINERARY

Begin with an overnight in Arusha after your trek.

Day 1: Ngorongoro Highlands

Settle in at this working farm and historic coffee estate. Enjoy lush, flower-filled grounds, walking, optional spa treatments, and farm-to-table meals.

Overnight: Gibb's Farm

Day 2: Ngorongoro Crater

The crater is home to the Big Five and much more, all thriving in a perfect, self-contained ecosystem. You'll be amazed by its splendor.

Overnight: Gibb's Farm

Day 3: Serengeti National Park

Drive to the endless Serengeti plains, a landscape filled with an astounding

diversity of wildlife and home to the Great Migration of wildebeest. Take it all in because there's no other place on earth like this.

Overnight: Thomson Serengeti Nyumba

Day 4: Serengeti National Park

Take to the skies during an optional pre-dawn, hot air balloon excursion, complete with a champagne breakfast. Continue wildlife viewing, then enjoy stargazing back at camp as you sip a glass of wine.

Overnight: Thomson Serengeti Nyumba

Day 5: Serengeti National Park

Fly back to Arusha, enjoying exquisite scenery from above. Visit an artists' collaborative. Depart this evening.



Trekkers: starting at \$3,450 Includes \$300 trekker discount!
Non-trekkers: starting at \$3,750

Per person, double occupancy; single accommodations \$550



Gibb's Farm

7-DAY HIGHLIGHTS SAFARI



YOU SHOULD GO ON SAFARI

- Experience the perfect mix of wildlife and light activity
- Explore the world-famous Ngorongoro Crater and Serengeti National Park
- Visit members of the Maasai community and hear their fascinating stories

Enjoy wildlife viewing and light hikes on this 'Kili cool-down' safari.

This 7-day safari offers the perfect blend of astounding wildlife viewing and just the right amount of activity to stretch your muscles after your trek. Start your journey at a private nature refuge in the eastern Serengeti, where you'll have the unique opportunity to walk among wildlife and explore paths less-traveled. From there, you'll head to Serengeti National Park, Tanzania's premiere wildlife viewing destination. Search for wildebeest

herds, big cats, and so much more. Finish your journey in the Ngorongoro Highlands, a lush region that holds the world-famous Ngorongoro Crater. The location of your camp provides easy access so you can be on the crater floor before anyone else. This safari also provides you with the opportunity to meet members of the Maasai community and learn about their rich history in Tanzania.





Josh Warren

ITINERARY

Begin with an overnight in Arusha after your trek.

Days 1-2: Eastern Serengeti Nature Refuge

Enjoy authentic interactions with local Maasai communities and night wildlife drives in this private nature refuge. Walk amongst wildebeest, gazelle, and giraffe and have time for unscripted interactions with members of the local Maasai community.

Overnights:
Thomson Eastern Serengeti Nyumba

Days 3-4: Serengeti National Park

Sweeping grass plains and massive wildlife populations make the Serengeti an unforgettable stop on any safari. Keep an eye out for the Great Migration

and some of the largest big cat populations in all of Africa.

Overnights:
Thomson Serengeti Nyumba

Days 5-7: Ngorongoro Crater & Highlands / Depart

The Ngorongoro Crater is just 10 miles across, but the floor of this volcanic caldera is home to over 30,000 mammals. The crater has resident populations of all of the Big Five safari species (lion, leopard, African buffalo, elephant, and black rhinoceros). Try to spot them all during a full day on the crater floor! The next day, you'll be able to relax in a dayroom before your return flight.

Overnights:
Thomson Ngorongoro Nyumba
Dayroom: *Mount Meru Hotel*



Trekkers: starting at \$4,750 *Includes \$300 trekker discount!*
Non-trekkers: starting at \$4,990

Per person, double occupancy; single accommodations \$550



Len Kurzweil

ADD-ONS & EXTENSIONS



HOT AIR BALLOON

Get a bird's-eye view of the Serengeti

As dawn breaks, your balloon rises with the sun. Skim the tops of acacia trees as you float higher and higher above the Serengeti's endless plains. Experience the peace that exists from this perspective above the savannah.

After your 30–45 minute ride,* a hot, hearty breakfast and a glass of champagne await you in a scenic spot on the plains. Around mid-morning, you'll meet up with the rest of your group on a wildlife viewing drive to continue the day's exploration of the Serengeti.

**Flight duration and elevation vary based on weather. Advanced reservations required. Please call for current pricing. Height and weight restrictions apply.*



Peter Rubin

MAHALE MOUNTAINS

Track chimpanzees in a hidden paradise

Spend your days hiking the forests of the Mahale Mountains in search of the largest group of free-roaming chimps in the world. Ample physical fitness is required for trekking the steep terrain, but these fascinating creatures are well worth the effort. In the evenings, relax in luxurious, remote accommodations located on the sparkling shores of Lake Tanganyika.

Recommended length: 4-5 days

From \$5,500 per person, double occupancy



ZANZIBAR

Relax in an exotic island paradise

Sands soft as silk, clear blue waters, and the historic, colorful streets of Stone Town await you in Zanzibar, located just 15 miles off the coast of mainland Tanzania. Snorkel, scuba dive, swim, and stroll white-sand beaches for a few days; then spend an afternoon exploring Stone Town with a guide. The city seamlessly blends Arabic, Indian, and African cultures, and your guide will bring it all to life with his own cultural insights.

Recommended length: 4-5 days

From \$2,400 per person, double occupancy



Chuck Keller

RWANDA

Witness some of the last wild mountain gorillas

At last count, the total number of endangered mountain gorillas in the world was 700. Fit and adventurous travelers can journey into Parc National des Volcans, seeking out this rare and amazing species. The gorillas change location daily, so sightings are highly probable, but not guaranteed. Time with them is restricted to ensure that human presence doesn't disturb their fragile existence.

Itineraries include one, two, or three gorilla treks

Two-trek option from \$5,500 per person, double occupancy

THE FINE PRINT





INCLUDED BEFORE YOU GO

- Expert consultation to select the climb that is right for you
- Carefully crafted itinerary
- Friendly, timely replies to all your questions
- Business class flights upon request, at competitive rates
- Access to a Kilimanjaro pre-departure consultant five days a week (by phone or email) from the time you book your trek until you return home
- Comprehensive packing list with staff recommendations
- Thomson Kilimanjaro Preparation Guide: a comprehensive booklet based on years of mountain experience, with weather details, trekking tips, training recommendations, gear and packing instructions, and more
- Personalized reminders to make sure you are prepared
- Access to our Kilimanjaro Store to purchase mountain essentials, with proceeds going to charity

INCLUDED IN TANZANIA

- Two nights at a comfortable lodge per your itinerary
- Full warm-up day in Tanzania prior to beginning your Kilimanjaro trek (wildlife viewing opportunities on select trips)
- Group transfers to/from Kilimanjaro International Airport based on KLM arrival on scheduled arrival day
- All meals per your itinerary
- Baggage handling and restaurant tips
- Day room to shower and rest after the trek per your itinerary

INCLUDED ON THE MOUNTAIN

- Services of your WMA-Certified Wilderness First Responder Kilimanjaro guide(s)
- Daily climb briefings
- Plentiful and nutritious mountain meals and snacks
- Unlimited purified water
- Four-season mountaineering tent with customized ground sheet, vestibule, and closed-cell ground pad
- Customized dining tent with solar lighting
- Private toilet tent
- Safety equipment: oxygen, first aid kit, Gamow bag, pulse oximeter, AED, stretcher, three forms of communication, safety protocols, etc.
- All Kilimanjaro National Park permits
- Farewell lunch

NOT INCLUDED

- Round-trip international airfare
- Personal hiking gear
- Tanzania entry visa
- Laundry, bar beverages, phone/internet charges and other personal services
- Cost of transfer for guests not on scheduled KLM arrival day flight
- Tips for guides, porters, and camp staff

Please visit ThomsonTreks.com for complete booking conditions.